

## PE Overview for Academic Year 2023 - 2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 1</b>	Personal - Bikes and Pirates	Social - Space and Jungle	Cognitive - Train and Circus - Tightrope	Creative - Circus - Clowns - Seaside	Applying Physical - Circus - jugglers, Fairy Tale	Health and Fitness - Squirrel and Cat
<b>Year 2</b>	Personal: footwork, one leg balance	Social: Jumping and Landing, Seated balance	Cognitive: Balance on a line, Static Stance	Creative: Ball Skills, Counter balance with a partner	Applying physical: Sending and receiving, reaction/response	Health and fitness: Ball Chasing, Floor Work
<b>Year 3</b>	Personal: footwork, one leg balance	Social: Jumping and Landing, Seated balance	Cognitive: Balance on a line, Static Stance	Creative: Ball Skills, Counter balance with a partner	Applying physical: Sending and receiving, reaction/response	Health and fitness: Ball Chasing, Stance
<b>Year 4</b>	Personal: footwork, one leg balance	Social: Jumping and Landing, Seated balance	Cognitive: Balance on a line, Ball Skills	Creative: Sending and receiving, Counter balance with a partner	Applying physical: reaction/response, floor work	Health and fitness: Ball Chasing, Stance
<b>Year 5</b>	Personal: ball skills - reaction/response	Social: on a line, counter balance with a partner	Cognitive: Static stance, footwork	Creative: seated balance, floor work	Applying physical: jumping and landing, one leg balance	Health and fitness: sending and receiving, ball chasing
<b>Year 6</b>	Personal: ball skills - reaction/response	Social: on a line, counter balance with a partner	Cognitive: Static stance, footwork	Creative: seated balance, floor work	Applying physical: jumping and landing, one leg balance	Health and fitness: sending and receiving, ball chasing